

How to Develop Your Own School Schedule



While working from home, we want to empower our children educationally as well.

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Thanks for downloading!



I'm Michelle, a 31-year-old freelance copywriter and strategist in Oregon who likes iced coffee, journaling, and playing Animal Crossing. I've also been blogging for over 10 years.

Most importantly, I'm a mom to one curious, precocious 4-year-old. When he was 2, I told him he could only go to school if he started using the potty. The next day, he was done with diapers for good. He wanted to go to school so badly!

When schools closed in March, I knew I had a challenge ahead of me: how could I empower my child and get all my work done?!





I needed a schedule and I needed one fast. Over the course of March, I read every homeschool blog I could find (bless the homeschool blogs! I have a list of resources at the end of this ebook!) and started finding ways to create a schedule for us.

The truth is, I knew I couldn't dedicate *all day* to education. But I wondered how I could keep him learning enough every day so he felt stimulated enough. If you have a curious child, you know how it is: if they aren't able to learn, they get antsy and easily bored.

Finally in April, I was able to nail down a schedule that worked for us. I've shared our lesson planning for the week here. As a note, my husband is an educator and he has helped me immensely in making sure I'm implementing best practices. That being said: this schedule is purely to keep your young child in the habit of education and to make your life easier!

	Monday	Tuesday	Wednesday	Thursday	Friday
Date:					

Notes: _____

	Monday	Tuesday	Wednesday	Thursday	Friday
Date:					
Learning Goal					
Reading 8:30-8:45	<i>I use the learning goal row to focus in on a goal for the day, such as "learning the 5 senses" or "naming 3 different flowers".</i>				
Circle Time 8:45-9:00					
Social Studies 9:00-9:15			Around the World: Learn about Spain		
Math 9:15-9:30				<i>In these boxes, I describe the activity or worksheet we will do--like this one!</i>	
Science 9:30-9:45	<i>In this column, I outline our schedule for "school time."</i>				
Craft 9:45-10:00			<i>I use the Notes section to keep track of anything I need to print or prep the day/night before.</i>		

Notes:

Materials I Need

WEEK OF:

Independent Activities

Materials I Need

WEEK OF:

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On this side, I keep track of any special materials we need to have out & ready: tissue paper, paper plates, markers, etc.

Independent Activities

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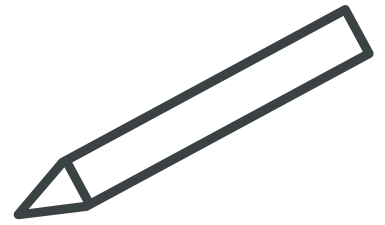


And here, I write down any ideas I have for independent activities that will give me time to get my own work done!



Weekly Reflections

WEEK OF:



What went well this week?

What are my ideas for next week?

What needs improvement?

What behaviors need improvement next week?

What was our top moment?



Using the Schedule

No schedule is going to work for everyone right now. That's just the facts! We're all doing our best. For many of us, survival right now means lots of TV and screen time just so we can get our work done.

But we all know that's also not optimal for our children. If you're looking to start a *gentle* schedule with your child or children, I hope this helps! If not, you can always use this as a starting point and then start your own! I included a reflection page for weekly journaling as well; being able to reflect and think through your time each week will help you to determine what is working--and what isn't!

My aim every week for my son is to have at least 1 day where we stay on schedule. That doesn't always happen, but it is my goal! I definitely don't want you to think I'm doing this perfectly (or that I think I am!)--we have our rough days too! Days where I have more work than patience and struggle to get time to even do one worksheet with my son.

I hope you all allow yourself a little kindness and patience. This is a new world we are operating in, one we have *no* previous experience with. (Well, at least in my case!) Stay safe, stay home, and more importantly, stay kind.