



# ***NaNoWriMo Planning Guide***

WWW.WRITINGBETWEENPAUSES.COM

# Schedule

Plan your daily schedule for NaNoWriMo in advance! Use this guide to schedule your work hours, plus your writing hours.

## DAILY SCHEDULE

6am: \_\_\_\_\_

\_\_\_\_\_

7am: \_\_\_\_\_

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8am: \_\_\_\_\_

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9am: \_\_\_\_\_

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10am: \_\_\_\_\_

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11am: \_\_\_\_\_

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12pm: \_\_\_\_\_

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1pm: \_\_\_\_\_

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2pm: \_\_\_\_\_

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3pm: \_\_\_\_\_

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4pm: \_\_\_\_\_

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5pm: \_\_\_\_\_

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7pm: \_\_\_\_\_

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8pm: \_\_\_\_\_

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9pm: \_\_\_\_\_

\_\_\_\_\_

10pm: \_\_\_\_\_

\_\_\_\_\_

## MY FAVORITE WRITING SPOTS

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## MY FAVORITE WRITING TOOLS

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# Outline

Use this guide to start outlining your story. I've included the outline I always use, but feel free to modify to fit you & your story!

## STORY SYNOPSIS

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## CHAPTER 1: 5000 WORDS

scene 1: 

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scene 2: 

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scene 3: 

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scene 4: 

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scene 5: 

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## CHAPTER 2: 5000 WORDS

scene 1: 

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scene 2: 

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scene 3: 

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scene 4: 

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scene 5: 

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## CHAPTER 3: 5000 WORDS

scene 1: \_\_\_\_\_  
\_\_\_\_\_

scene 2: \_\_\_\_\_  
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scene 3: \_\_\_\_\_  
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scene 4: \_\_\_\_\_  
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scene 5: \_\_\_\_\_  
\_\_\_\_\_

## CHAPTER 4: 5000 WORDS

scene 1: \_\_\_\_\_  
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scene 2: \_\_\_\_\_  
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scene 3: \_\_\_\_\_  
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scene 4: \_\_\_\_\_  
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scene 5: \_\_\_\_\_  
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## CHAPTER 5: 5000 WORDS

scene 1: \_\_\_\_\_  
\_\_\_\_\_

scene 2: \_\_\_\_\_  
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scene 3: \_\_\_\_\_  
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scene 4: \_\_\_\_\_  
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scene 5: \_\_\_\_\_  
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## CHAPTER 6: 5000 WORDS

scene 1: \_\_\_\_\_  
\_\_\_\_\_

scene 2: \_\_\_\_\_  
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scene 3: \_\_\_\_\_  
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scene 4: \_\_\_\_\_  
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scene 5: \_\_\_\_\_  
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## CHAPTER 7: 5000 WORDS

scene 1: \_\_\_\_\_  
\_\_\_\_\_

scene 2: \_\_\_\_\_  
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scene 3: \_\_\_\_\_  
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scene 4: \_\_\_\_\_  
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scene 5: \_\_\_\_\_  
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## CHAPTER 8: 5000 WORDS

scene 1: \_\_\_\_\_  
\_\_\_\_\_

scene 2: \_\_\_\_\_  
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scene 3: \_\_\_\_\_  
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scene 4: \_\_\_\_\_  
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scene 5: \_\_\_\_\_  
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## CHAPTER 9: 5000 WORDS

scene 1: \_\_\_\_\_  
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scene 2: \_\_\_\_\_  
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scene 3: \_\_\_\_\_  
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scene 4: \_\_\_\_\_  
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scene 5: \_\_\_\_\_  
\_\_\_\_\_

## CHAPTER 10: 5000 WORDS

scene 1: \_\_\_\_\_  
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scene 2: \_\_\_\_\_  
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scene 3: \_\_\_\_\_  
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scene 4: \_\_\_\_\_  
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scene 5: \_\_\_\_\_  
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## EXTRA SCENES

scene 1: \_\_\_\_\_  
\_\_\_\_\_

scene 2: \_\_\_\_\_  
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scene 3: \_\_\_\_\_  
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scene 4: \_\_\_\_\_  
\_\_\_\_\_

scene 5: \_\_\_\_\_  
\_\_\_\_\_

## WRITE ABOUT YOUR MAIN CHARACTER!

This image shows a full page of handwriting practice paper. It features multiple sets of horizontal dashed lines spaced evenly down the page, providing a guide for letter height and placement. The background is white, and the lines are a light gray color. There is no text or other markings on the page.

## ADDITIONAL NOTES

[illegible]

# Self Care

NaNoWriMo is supposed to be fun! If you find yourself feeling stressed out, it's ok to take a break or even a day off. Here's a place to list some ways to take care of yourself.

## 10 THINGS THAT HELP ME RELAX

1. \_\_\_\_\_  
\_\_\_\_\_

2. \_\_\_\_\_  
\_\_\_\_\_

3. \_\_\_\_\_  
\_\_\_\_\_

4. \_\_\_\_\_  
\_\_\_\_\_

5. \_\_\_\_\_  
\_\_\_\_\_

6. \_\_\_\_\_  
\_\_\_\_\_

7. \_\_\_\_\_  
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8. \_\_\_\_\_  
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9. \_\_\_\_\_  
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10. \_\_\_\_\_  
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## MY WRITING BUDDIES

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## MY SUPPORT BUDDIES

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